How My World Works

We will:

-Challenge ourselves by trying new foods and different food groups/ textures.

-Practice effective teeth cleaning during our body time sessions.

-Video ourselves trying new foods. We will look back at videos of our peers and decide whether we think they like or dislike the foods.

My Thinking

We will:

-Use different body parts to make different sounds during our musical keys sessions (clapping etc).

-Make footprints in various media and use these to identify longer/ shorter during Attention Autism sessions.

-Identify different items which are suitable for different body parts, for example: socks, slippers and boots are worn on your feet.

-Practice basic memory games using concrete objects and symbols.

Me and My Body

We will:

-Look in mirrors to identify physical similarities and differences/ identify our own features.

-Practice following simple instructions which keep us safe in school and our local community.

-Practice following rules as part of a group to take part in outdoor exercise sessions, including use of the school trampoline and trim trail.

Green Class

Teacher: Hannah Utting

HLTA's: Emily Longstaff & Cari Sutton

Topic: Health & Body

Summer 1 2026

Me and My Community

We will:

-Replicate going to the hairdressers and dentist during body time sessions. We will look at ourselves in the mirror and used appropriate tools.

-Practice playing alongside peers during play skills sessions.

- Look in mirrors and pull different faces to express different emotions. We will use a core-board to identify the emotion modelled.

MAGIC

We will: be MINDFUL by taking part in a music session with musical keys as part of MAGIC week.

Ideas for home

- Go for local walks and visit parks with outdoor exercise equipment.
- Practice the topic-based signs.
- If you would like a topic home learning pack, please let me know.

My Communication

We will:

-Explore non-fiction books related to the human body and match photos of body parts.

-Mark make/ print with different parts of our bodies.

-Listen to simple rhymes and songs linked to body parts ('I've got a body', 'shake your sillies'). We will watch adults model the actions and try to replicate this ourselves.

-Use a coreboard to express favourite healthy foods and exercise options.

-Sensory story: 'Our Amazing Bodies'

-Core vocab: nose, eyes, mouth, ears, head.

My Creativity

We will:

-Draw outlines around our body parts and fill them in with mixed media to make collages.

-Imitate an adults body movement to music ('head, shoulders, knees and toes').

-Practice using core-boards to select a desired song to play on the interactive screen.

-Create artwork inspired by Andy Warhol.

RE:

We will:

-Practice mindfulness during body time sessions. We will listen to relaxing music and try different massage tools.